

Lactation Clinic

Evaluates mother and infant breastfeeding issues.



**Most days at 4 p.m. and
Every Friday Afternoon**

If you are having problems breastfeeding your baby, make an appointment to meet with a Board Certified Lactation Consultant and a Doctor to get the expertise you need to get you back on the right track. Most insurances accepted.

Call Fidalgo Medical Associates at
360.293.3101 for an appointment.

Providers:

Jody Cousins, MD

Effie Jo Lindstrom, BA, BSN, RN, IBCLC

Teri Shilling, MS, LCCE, CD(DONA), IBCLC



CENTER FOR
**MATERNAL &
INFANT CARE**

AT ISLAND HOSPITAL

1213 24th Street, Anacortes

