

# ISLAND BISTRO

## Monday, February 19, 2018

<b>Breakfast Special</b>	Bagel Breakfast Sandwich		\$3.29
<b>The Market</b>	Pesto Chicken		\$3.49
<b>Vegetable</b>	Honey Glazed Carrots		\$1.29
<b>Sides</b>	Orzo with Sundried Tomatoes		\$1.29
<b>Field of Greens</b>	Winter Kale Salad		\$5.09
<b>Grillery</b>	BLT Wrap		\$4.59
<b>Soup</b>	Roasted Red Pepper Tomato Bisque	Cup	\$2.09
	Bean with Bacon	Bowl	\$3.09

## Tuesday, February 20, 2018

<b>Breakfast Special</b>	Eggs Benedict		\$2.59
<b>The Market</b>	Beef Stroganoff		\$3.49
<b>Vegetable</b>	Baked Zucchini with Parmesan Cheese		\$1.29
<b>Sides</b>	Buttered Egg Noodles		\$1.29
<b>Field of Greens</b>	Winter Kale Salad		\$5.09
<b>Grillery</b>	Avocado Chicken Salad on a Croissant		\$4.59
<b>Soup</b>	Vegetable Kale Soup	Cup	\$2.09
	Turkey & Rice	Bowl	\$3.09

## Wednesday, February 21, 2018

<b>Breakfast Special</b>	Apple Cranberry French Toast		\$1.59
<b>The Market</b>	Orange Sesame Chicken		\$3.49
<b>Vegetable</b>	Garlic Roasted Baby Bok Choy		\$1.29
<b>Sides</b>	White Rice		\$1.29
<b>Field of Greens</b>	Winter Kale Salad		\$5.09
<b>Grillery</b>	Chicken Firecracker Burger		\$4.59
<b>Soup</b>	Cream of Broccoli	Cup	\$2.09
	Beef Vegetable	Bowl	\$3.09

## Thursday, February 22, 2018

<b>Breakfast Special</b>	Biscuit & Gravy		\$1.59
<b>The Market</b>	Strozzapreti		\$3.49
<b>Vegetable</b>	Broccoli with Sea Salt		\$1.29
<b>Sides</b>	Garlic Bread		\$1.29
<b>Field of Greens</b>	Winter Kale Salad		\$5.09
<b>Grillery</b>	Grilled Turkey & Artichoke Sandwich		\$4.59
<b>Soup</b>	Thai Coconut Vegetable	Cup	\$2.09
	Chipotle Chicken Chile	Bowl	\$3.09

## Friday, February 23, 2018

<b>Breakfast Special</b>	Blueberry Croissant Strata		\$2.59
<b>The Market</b>	Cod with Hoisin & Ginger Sauce		\$3.49
<b>Vegetable</b>	Oriental Vegetable Blend		\$1.29
<b>Sides</b>	Coconut Rice		\$1.29
<b>Field of Greens</b>	Winter Kale Salad		\$5.09
<b>Grillery</b>	Housemade Roast Beef Sandwich		\$4.59
<b>Soup</b>	Split Pea	Cup	\$2.09
	Clam Chowder	Bowl	\$3.09

# ISLAND BISTRO

## Monday, February 26, 2018

<b>Breakfast Special</b>	Bagel Breakfast Sandwich		\$3.29
<b>The Market</b>	Honey Chipotle Chicken		\$3.49
<b>Vegetable</b>	Roasted Cauliflower with Kale		\$1.29
<b>Sides</b>	Brown Rice Pilaf		\$1.29
<b>Field of Greens</b>	Roasted Beet & Blood Orange Salad		\$5.09
<b>Grillery</b>	Classic Club		\$4.59
<b>Soup</b>	Minestrone	Cup	\$2.09
	Ham & Potato	Bowl	\$3.09

## Tuesday, February 27, 2018

<b>Breakfast Special</b>	Hashbrown Casserole		\$1.59
<b>The Market</b>	Rosemary & Garlic Flank Steak		\$3.49
<b>Vegetable</b>	Green Beans with Roasted Tomatoes		\$1.29
<b>Sides</b>	Roasted Red Potatoes		\$1.29
<b>Field of Greens</b>	Roasted Beet & Blood Orange Salad		\$5.09
<b>Grillery</b>	Flatbread Pizza		\$4.59
<b>Soup</b>	Cream of Mushroom	Cup	\$2.09
	Chorizo & Hominy	Bowl	\$3.09

## Wednesday, February 28, 2018

<b>Breakfast Special</b>	Quiche		\$1.59
<b>The Market</b>	Sausage Lasagna		\$3.49
<b>Vegetable</b>	Roasted Beets		\$1.29
<b>Sides</b>	Garlic Bread		\$1.29
<b>Field of Greens</b>	Roasted Beet & Blood Orange Salad		\$5.09
<b>Grillery</b>	Tacos de Carnitas (Pork Tacos)		\$4.59
<b>Soup</b>	Butternut Squash Bisque	Cup	\$2.09
	Mexican Chicken	Bowl	\$3.09

## Thursday, March 01, 2018

<b>Breakfast Special</b>	Biscuit & Gravy		\$1.59
<b>The Market</b>	Chili Verde		\$3.49
<b>Vegetable</b>	Roasted Yellow Squash		\$1.29
<b>Sides</b>	White Rice		\$1.29
<b>Field of Greens</b>	Roasted Beet & Blood Orange Salad		\$5.09
<b>Grillery</b>	Beef & Vegetable Stir-fry		\$4.59
<b>Soup</b>	Charred Kale & Tomato	Cup	\$2.09
	Beef Vegetable & Barley	Bowl	\$3.09

## Friday, March 02, 2018

<b>Breakfast Special</b>	Denver Scramble		\$3.59
<b>The Market</b>	Oven Baked Cod		\$3.49
<b>Vegetable</b>	Roasted Winter Vegetable Medley		\$1.29
<b>Sides</b>	Roasted Sweet Potato Halves		\$1.29
<b>Field of Greens</b>	Roasted Beet & Blood Orange Salad		\$5.09
<b>Grillery</b>	Grilled Chicken, Ham & Swiss on Ciabatta		\$4.59
<b>Soup</b>	Split Pea	Cup	\$2.09
	Clam Chowder	Bowl	\$3.09

## Saturday, March 03, 2018

<b>The Market</b>	Menu Posted on Friday		\$3.49
<b>Vegetable</b>	Menu Posted on Friday		\$1.29
<b>Sides</b>	Menu Posted on Friday		\$1.29

## Sunday, March 04, 2018

<b>The Market</b>	Menu Posted on Friday		\$3.49
<b>Vegetable</b>	Menu Posted on Friday		\$1.29
<b>Sides</b>	Menu Posted on Friday		\$1.29