

# ISLAND BISTRO

Monday, October 15, 2018

<b>Breakfast Special</b>	Potato & Egg Muffin Cup		\$1.59
<b>The Market</b>	Chicken Parmesan		\$3.49
<b>Vegetable</b>	Roasted Kabocha Squash		\$1.29
<b>Sides</b>	Buttered Egg Noodles		\$1.29
<b>Field of Greens</b>	Crispy Chicken Salad		\$5.29
<b>Grillery</b>	Gyro		\$4.59
<b>Soup</b>	Sundried Tomato & Artichoke	Cup	\$2.09
	Ginger Beef	Bowl	\$3.09

Tuesday, October 16, 2018

<b>Breakfast Special</b>	Chorizo & Egg Breakfast Taco		\$1.59
<b>The Market</b>	Strozzapreti		\$3.49
<b>Vegetable</b>	Broccoli with Sea Salt		\$1.29
<b>Sides</b>	Garlic Bread		\$1.29
<b>Field of Greens</b>	Crispy Chicken Salad		\$5.29
<b>Grillery</b>	Bacon Avocado Burger		\$4.59
<b>Soup</b>	Split Pea	Cup	\$2.09
	Italian Vegetable	Bowl	\$3.09

Wednesday, October 17, 2018

<b>Breakfast Special</b>	Pumpkin Spiced Pancake		\$2.59
<b>The Market</b>	Chicken & Dumplings		\$4.99
<b>Vegetable</b>	Steamed Carrots		\$1.29
<b>Sides</b>	Roasted Red Potatoes		\$1.29
<b>Field of Greens</b>	Crispy Chicken Salad		\$5.29
<b>Grillery</b>	Chicken Cordon Bleu Sandwich		\$4.59
<b>Soup</b>	Cream of Mushroom	Cup	\$2.09
	Turkey, Garbanzo Bean & Kale	Bowl	\$3.09

Thursday, October 18, 2018

<b>Breakfast Special</b>	Green Breakfast Smoothie		\$1.59
<b>The Market</b>	Beef Enchiladas		\$3.49
<b>Vegetable</b>	Refried Beans		\$1.29
<b>Sides</b>	Spanish Rice		\$1.29
<b>Field of Greens</b>	Crispy Chicken Salad		\$5.29
<b>Grillery</b>	French Dip		\$4.59
<b>Soup</b>	Cauliflower & Cheddar	Cup	\$2.09
	Braised Pork & Apple Stew	Bowl	\$3.09

Friday, October 19, 2018

<b>Breakfast Special</b>	Bacon & Egg Scramble		\$1.59
<b>The Market</b>	Teriyaki Chicken Thighs		\$3.49
<b>Vegetable</b>	Stir Fry Vegetables		\$1.29
<b>Sides</b>	White Rice		\$1.29
<b>Field of Greens</b>	Crispy Chicken Salad		\$5.29
<b>Grillery</b>	Steak Sandwich		\$4.59
<b>Soup</b>	Lentil Soup	Cup	\$2.09
	Clam Chowder	Bowl	\$3.09

Saturday, October 20, 2018

<b>The Market</b>	Menu Posted on Friday		\$3.49
<b>Vegetable</b>	Menu Posted on Friday		\$1.29
<b>Sides</b>	Menu Posted on Friday		\$1.29

Sunday, October 21, 2018

<b>The Market</b>	Menu Posted on Friday		\$3.49
<b>Vegetable</b>	Menu Posted on Friday		\$1.29
<b>Sides</b>	Menu Posted on Friday		\$1.29

# ISLAND BISTRO

## Monday, October 22, 2018

<b>Breakfast Special</b>	Bagel Breakfast Sandwich		\$3.29
<b>The Market</b>	Chicken Piccata		\$3.49
<b>Vegetable</b>	Zucchini & Yellow Squash		\$1.29
<b>Sides</b>	Creamy Orzo		\$1.29
<b>Field of Greens</b>	Thai Chicken Salad with Peanut Dressing		\$5.29
<b>Grillery</b>	Italian Beef Sandwich		\$4.59
<b>Soup</b>	White Bean Chili	Cup	\$2.09
	Turkey & Rice	Bowl	\$3.09

## Tuesday, October 23, 2018

<b>Breakfast Special</b>	Southwest Breakfast Quesadilla		\$3.59
<b>The Market</b>	Mongolian Beef		\$3.49
<b>Vegetable</b>	Stir Fry Vegetables		\$1.29
<b>Sides</b>	White Rice		\$1.29
<b>Field of Greens</b>	Thai Chicken Salad with Peanut Dressing		\$5.29
<b>Grillery</b>	Pho		\$4.59
<b>Soup</b>	Lentil & Vegetable	Cup	\$2.09
	Corn Chowder	Bowl	\$3.09

## Wednesday, October 24, 2018

<b>Breakfast Special</b>	Quiche		\$1.59
<b>The Market</b>	Lasagna		\$3.49
<b>Vegetable</b>	Broccoli with Sea Salt		\$1.29
<b>Sides</b>	Garlic Bread		\$1.29
<b>Field of Greens</b>	Thai Chicken Salad with Peanut Dressing		\$5.29
<b>Grillery</b>	Char Sui Banh Mi (Chinese BBQ Pork Sandwich)		\$4.59
<b>Soup</b>	Lemon Artichoke White Bean Soup	Cup	\$2.09
	Mulligatawny	Bowl	\$3.09

## Thursday, October 25, 2018

<b>Breakfast Special</b>	Biscuit & Gravy		\$1.59
<b>The Market</b>	Baked Salmon with Lemon Caper Sauce		\$4.99
<b>Vegetable</b>	Green Beans with Lemon Vinaigrette		\$1.29
<b>Sides</b>	Roasted Tomato Quinoa		\$1.29
<b>Field of Greens</b>	Thai Chicken Salad with Peanut Dressing		\$5.29
<b>Grillery</b>	Curried Chicken Sandwich		\$4.59
<b>Soup</b>	Broccoli Cheddar	Cup	\$2.09
	Vegetable Beef & Barley	Bowl	\$3.09

## Friday, October 26, 2018

<b>Breakfast Special</b>	Denver Scramble		\$1.59
<b>The Market</b>	Crab Cake		\$5.99
<b>Vegetable</b>	Herb Roasted Vegetables		\$1.29
<b>Sides</b>	Lemon Basil Cous Cous		\$1.29
<b>Field of Greens</b>	Thai Chicken Salad with Peanut Dressing		\$5.29
<b>Grillery</b>	Avocado Turkey Burger		\$4.59
<b>Soup</b>	Polenta & Kale	Cup	\$2.09
	Clam Chowder	Bowl	\$3.09

## Saturday, October 27, 2018

<b>The Market</b>	Menu Posted on Friday		\$3.49
<b>Vegetable</b>	Menu Posted on Friday		\$1.29
<b>Sides</b>	Menu Posted on Friday		\$1.29

## Sunday, October 28, 2018

<b>The Market</b>	Menu Posted on Friday		\$3.49
<b>Vegetable</b>	Menu Posted on Friday		\$1.29
<b>Sides</b>	Menu Posted on Friday		\$1.29