

Top 5 reasons to use myIslandHealth

Island Hospital continually looks for ways to improve communication and access for our patients. We are excited to present new features in our patient portal, myIslandHealth, which take steps towards creating more efficient and effective communication between you and your healthcare provider. Here are the top five reasons patients should consider using myIslandHealth to manage their healthcare online (new features are listed in bold):

1. **Request clinic appointments.**
2. **Request medication refills.**
3. **Send and receive secure messages from your healthcare provider's office.**
4. Access your health record any time.
5. Access lab results and diagnostic imaging reports without having to wait for a callback from your provider's office.

With myIslandHealth, patients are able to securely manage their healthcare information anytime, anywhere. The service is free, convenient and easy to use.

While a patient portal can be helpful to just about everyone, having an account can be even more valuable to:

- **Parents of young children:** Whether you are printing an immunization report for your child's summer camp registration or checking on when they had their last well-child visit, the patient portal will be extremely helpful to parents of young children.
- **Adult children of aging parents:** Monitoring your aging parents' health from afar can be done more easily with the use of a patient portal. Adult children with *proxy* access can view their parents' recent visit summary and know that you are getting all the information. Plus, if you have questions for their provider, you can message them.
- **Anyone managing a chronic condition or coping with a new diagnosis:** Having your health information archived allows you to review old information (e.g., labs,) that could be relevant to your current health. For someone monitoring their white-blood-cell count, hemoglobin A1c or other blood test, having access to your results and being able to compare them (look at historical data) prior to your next clinic visit is very helpful.
- **Those who love to travel:** Your myIslandHealth account is portable and will go anywhere and everywhere you go. If you love to travel or spend the winter months in another state or another country, then signing up for myIslandHealth is a must. myIslandHealth can be accessed from any computer, tablet or smartphone with Internet access.
- **Those who want to be efficient with their time:** If you are someone who prefers email over voicemail then you will really appreciate having a patient portal. Your schedule may not always coincide with when your provider's office is open. However, with a myIslandHealth account you can go online, any time of day and request appointments or prescription refills, and send a message to your provider – all without being put on hold or transferred. Communicating through the portal can save nurses and receptionists time too, as they receive the messages in real time on their computer screens.
- **Those who want easy access to their health record:** With a patient portal you have access to your health record at the click of a button. No more searching through piles of paper trying to find what you are looking for.

Another great feature about the patient portal is that it sends you an email notification letting you know when you have new items in your health record.

At Island Hospital, our goal is to make it easy for you to manage your healthcare online, at your convenience.

Patients can create their own patient portal account online at www.islandhospital.org if they have a valid email address on file or they can request access at their next hospital or clinic visit. For questions about the portal, call (360) 299-1300 and ask for Portal Support.