



Help us shape the future of health and wellness in our region.

We invite you to participate in our survey »

As we fight the steepest spike in the pandemic to date, the Island Hospital team is not only delivering critical care to our community, but also working on future initiatives, including those for the Health & Wellness Center.

Island Hospital's new Health & Wellness Center will deliver preventative and chronic care management classes to our region. I encourage you to help shape the future of what we offer in the Health & Wellness Center by taking the following survey. Your input will help guide the classes offered and services provided. As a thank you, we will give a \$5 gift card to the first 50 people to respond.

[Click the button to begin the survey.](#)

I appreciate your support in improving healthcare in our region. I always encourage your comments, concerns and suggestions. Feel free to contact me directly at (360) 299-1327.

Thank you and stay healthy,

Charles Hall, MSN, MBA
Island Hospital Chief Executive Officer



[Click Here to Start Survey](#)

Island Hospital's Community Education Fall Offerings

Osteoporosis: Exercise & Nutrition

Wednesday, October 6, 11 a.m.
[Click Here to Register](#)

Spot the Signs of Stroke: Learn to BEFAST

Tuesday, October 12, 1 p.m.
[Click Here to Register](#)

Grand-parenting Class

Thursday, October 14, 12 p.m.
[Click Here to Register](#)

End-of-Life Paperwork, Presented by Hospice of the NW

Tuesday, October 19, 10 a.m.
[Click Here to Register](#)

Healthy Lifestyle: Sleeping Your Way to Better Health

Wednesday, October 27, 1 p.m.
[Click Here to Register](#)

Driven to Distraction: Behavioral & Medical Strategies for Treating ADHD

Thursday, October 28, 12 p.m.
[Click Here to Register](#)

Grief & Loss, Presented by Hospice of the NW

Thursday, November 4, 10 a.m.
[Click Here to Register](#)

Living Well with COPD

Tuesday, November 9, 1 p.m.
[Click Here to Register](#)

Healthy Digestion

Tuesday, November 16, 10 a.m.
[Click Here to Register](#)

Caring for the Caregiver

Wednesday, November 17, 1 p.m.
[Click Here to Register](#)

Pelvic & Bladder Health

Thursday, November 18, 2 p.m.
[Click Here to Register](#)

Healthy Sleep Habits

Wednesday, December 1, 1 p.m.
[Click Here to Register](#)

Advanced Care Planning, Presented by Hospice of the NW

Thursday, December 2, 10 a.m.
[Click Here to Register](#)

Cooking for Parkinson's

Tuesday, December 7, 1:30 p.m.
[Click Here to Register](#)

Healthy Eating Habits for the Holidays

Wednesday, December 8, 2:30 p.m.
[Click Here to Register](#)

[View Full Class Listings Here](#)

October is Breast Cancer Awareness Month

Diane Hennebert's Story

When Diane Hennebert turned 41 during the COVID-19 pandemic, she didn't celebrate it as in previous years, due to social distancing. Since it had been such a unique year, she also figured she could probably wait to get her mammogram screening the following year, especially since her first mammogram at age 40 came back clear. However, witnessing the impact of breast cancer in someone close to her was one of the main factors that eventually encouraged Diane to go ahead and schedule her screening in December of 2020.



[Read Diane's Full Story Here](#)

COVID-19 Regional Update



Crisp air and pumpkin spice lattes may signal fall to many, but it also means more time indoors due to fewer daylight hours, cooler temperatures and the start of flu season.

So it's more important than ever to keep ourselves healthy and safe, not only from COVID-19, but from other illnesses too. The best way to do this is through

Now's Your Shot!

We are proud to share vaccine videos that highlight our remarkable staff. A very special thank you to all who have participated in these videos. We have incredible teammates here at Island Hospital.

a combination of actions:

- Get vaccinated
- Wear a mask in public settings
- Social distance
- Get tested when you're ill
- Take extra precautions if you're high risk

Island Hospital CEO Charles Hall, MSN, MBA and Chief Medical Officer, Jason Hogge, MD, held a community briefing in early September to update our region on the current state of COVID-19. Both Hall and Hogge urged all who are eligible—currently those 12 and older—to get vaccinated. To watch the briefing, click the button below.

[Watch Community Briefing](#)

[Read More on COVID-19 in our Region](#)



What we know about COVID-19 booster shots

Information related to booster doses of the COVID-19 vaccine is changing rapidly. The Center for Disease Control (CDC) Advisory Committee on Immunization Practices (ACIP) released a statement September 24, 2021 recommending a booster shot for the Pfizer-BioNTech's COVID-19 vaccine (Pfizer) for the elderly, those in long-term care facilities, people with underlying medical conditions, and for adults with high risk of disease from occupational and institutional exposures to COVID-19. Click the button below to read the CDC recommendations as of September 24, 2021.

[Read More About COVID-19 Booster Shots](#)

Your best healthcare experience begins at Island Hospital.



Did you know that Island Hospital has a Foundation that raises funds to keep quality healthcare close to home for you and your loved ones? Since 1978, the Island Hospital Foundation has fostered community support to enable the delivery of award-winning, leading-edge healthcare at Island Hospital. Together with the community, the Foundation has also served as the financial resource for ongoing community programs, including free or low-cost health screenings, behavioral and mental health programs, assistance for cancer patients, and early literacy programs to name a few. To learn how you can get involved with the Foundation, visit us online or call (360) 299-4201.

How you can help



Share your feedback with us!

Island Hospital would love for you to share your experience with others in our community! If you've received exceptional care from your healthcare team, click the "Write A Review" button below to help others feel confident in choosing Island Hospital too.

Write A Review

Not happy with your last visit? Let us know by reaching out to us directly so we can learn more about it. You can send a message to our Quality Department by completing our [Contact Us form](#). Our goal is to provide every patient with the highest level of care. We value your feedback as it gives us an opportunity to improve.

We're all about our community.
Join us on social media!

